

Hand Hygiene Personal Audit

Care Workers Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Hand Washing Technique** | **Yes** | **No** |
| Hands are wet under continuously running warm water |  |  |
| soap is used |  |  |
| Soap is applied to wet hands |  |  |
| Hands rubbed together to create a lather |  |  |
| Hands are then scrubbed according to the ‘Ten Steps’ (copies available in office) |  |  |
| Hands are rinsed |  |  |
| Hands are dried using towels |  |  |
| Hand Gel is carried by staff |  |  |
| Gels is dispensed into hands |  |  |
| Gel is rubbed into hands ensuring all surfaces are covered by the alcohol |  |  |
| Hands are rubbed until the alcohol has evaporated |  |  |

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| **Hands Audit** | **Yes** | **No** |
| Nails are cut to a suitable length with no sharp edges |  |  |
| No false nails |  |  |
| Nails are free from varnish |  |  |
| Hands are free from jewellery (except wedding bands) |  |  |
| Cuts / scratches are covered |  |  |

Supervisors Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Supervisors Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_



